4th February, 2024, 5th Sunday, Year B

TEMORA MISSION AREA

Our Lady Help of Christians Parish Ardlethan/Sacred Heart Ariah Park

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Sacred Heart Temora Ph: 69772104 Email: Temora@cg.org.au

Parish Priest Fr Sijo Jose Email: Sijo.Jose@cg.org.au

St Therese Barellan

In our Prayers: Robyn Richards, Neville Caldow.

For our Deceased: Janice Lewis, Bruce Baker, Ken Horan,

Ray Fairman, Neville Popple, Will Mills, (anniversaries) Deceased Family,

Friends, Victims of war, violence, accidents and natural disasters

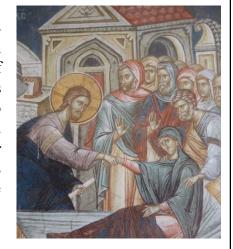
February 10 - 11 Ariah Park 6.00 p.m. Mass

Mass Temora 10.00 a.m.

Liturgy Ardlethan **9.00 a.m.** Barellan 10.00 a.m.

Reflection

Jesus took her by the hand. We sometimes come to Mass poor, sick and troubled, much like the people who crowd around the door of Jesus in today's Gospel. In this Mass let us express our needs to Jesus. Let us ask him to take us by the hand and help us as he helped Simon's mother-in-law. Then, with our spirits uplifted, we will go out from Mass with a renewed desire to share God's love with others.



Jesus can and will Heal You! Mark 1:29-34



When you learn to believe in Unconditional Love, your life is radically changed

For some reason people struggle to believe that the Great Mystery (often called

God) is immediately available and accessible. Many were brain-washed into believing in a person 'out there' somewhere who keeps his distance, who judges, who punishes, who allows bad things to happen to good people. If you believe in this kind of terrible tyrant you will never be happy. Such a monster does not exist. The true Giver of Life is, in fact, in love with you, intensely present wherever you are working, playing, creating - at your desk, in your kitchen, your car, checking your smart-phone, arguing about the remote-

control, rehearsing with the choir, shopping up at Tesco's and drinking down at the pub. Like a star-crossed parent, the Mother of Life loves looking at you, delights in you at every moment. 'God's desire is to totally overwhelm you with love; to have you experience it to overflowing; to have you sense, feel, taste, and touch his love for you. He really wants you to experience him.' (Spiritual writer Linda Boone) The Happiness Habit p63 Daniel O'Leary



As Lent draws near you may have time to look at Project Compassion, which each year brings together thousands in our communities to stand in solidarity with the world's most vulnerable communities, to help end poverty, promote justice and uphold dignity.

This years theme is FOR ALL FUTURE GENERATIONS. It reminds us that what we do today can have an impact for the future. You will learn more in the coming weeks of their good works.

If you would like to read in more depth the work of Caritas, you can find more information, stories and videos at: caritas.org.au/project-compassion





Roster 11 Feb Leader: Suzanne Lucas Reader: Ian Lucas